



THE NATIONAL MIDDLE SCHOOL DUALS

[broadcast live by Flo Wrestling](#)

November 8-9-10, 2024

nationalsduals.com

Glass City Center

401 Jefferson Avenue
Toledo, Ohio 43604



- Format:** Teams wrestle Saturday and Sunday. 7-9 matches are planned for all teams. Matches will be 3 1.5-minute periods with standard OT rules and 12-point tech fall.
- Weights:** (17) 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 129, 139, 159, 209
+2 lb. allowance given at weigh ins (60+2 = 62)
- Age:** Open to grades K-8. Maximum age 15 years old as of 9/1/2024. Must show copy of birth certificate if challenged. USAW card required for all wrestlers.
- Schedule:**
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|---|------------------|----------------------------------|
| Friday, November 8, 2024 | Early Weigh-in: | 1:00 PM – 2:00 PM (fee required) |
| | Weigh-ins: | 5:00 PM – 7:00 PM |
| Saturday, November 9, 2024 | Coaches meeting: | 8:30 AM at Head Table |
| | Wrestling: | 9:00 AM – 5:00 PM |
| Teams placed in Pools Following Bracket Rounds | | |
| Sunday, November 10, 2024 | Coaches meeting: | 8:30 AM at Head Table |
| | Wrestling: | 9:00 AM – 5:00 PM |
- Presentation of Team and Individual Awards following Championship Round**
- Entry:** \$850 team entry fee, \$250 required deposit. Limited to 32 teams.
Free agent list will be available on-line for extra and unattached wrestlers.
- Awards:** Team trophy for top 3 teams.
All-American medals for wrestlers with 2 or less losses (min. 5 matches).
- Hotels:** Visit event website for sponsored discounted hotels.

Coaches or team representatives are responsible for pre-entry of their own team roster into tournament database. A link will be provided to each team in advance of the tournament for the purpose of entering their roster. Any changes or revisions to rosters must be made by the team official. Each team is required to provide a table worker.

For questions and team registration information, please contact:

Dom D'Emilio
nationalsduals@gmail.com

